Noises inside your head giving you a hard time?

If you can hear anything like:

ringing, hissing, high pitched squealing, buzzing, insects, whistles, humming, ocean waves, banging, clicking etc.

you're not alone!

it has a name: tinnitus

Join the *Hamilton Area Tinnitus Support* self-help group to meet others who understand your craving for silence every 2nd Tuesday of each month at the Self Help Centre, 255 West Ave North, Hamilton (across from the General Hospital, 1 block West of Victoria). "Tee-off" from 7 - 9 PM.
For info call (905) - 304 - 4865
or email: teecoach@haruteq.com

Tinnitus Support Group
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